

## **SYMPAB - (16513) - A COMPLEX, MULTIDIMENSIONAL AND SITUATED PERSPECTIVE FOR FOOD EDUCATION: THE CASE OF MILPA IN MEXICO**

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### **Short Abstract**

*The way any human group eats is a complex phenomenon that tightly knits biological and sociocultural dimensions to the point that they are mutually conditioned. In Mexico, as in different parts of the world, nutrition is part of the curricula in basic education. However it is generally approached from a normative point of view. In this chapter we describe a theoretical framework that uses the notion of interdisciplinary islets of rationality and educational reasonability. We then present the case of milpa, an agroecological policrop system used in Mexico, and use the framework as an analytical and research tool to propose different ways in which it could be incorporated into school generating dialogues that aim to promote social justice. We aspire to expand the conceptualization of topics traditionally associated with health education by situating them in specific sociocultural contexts.*